



## Liedani cc

(Reg no. 2002/033189/23)

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## ASCHP/CCSA ENDORSED CPD PROGRAMME 2022

Continuous Professional Development is compulsory for all professional occupations as condition to retain membership. It serves as an ideal opportunity to keep up to date with recent research and developments in their particular profession. It also ensures that, as a result, the public may enjoy up-to-date professional counselling.

Members have to calculate how many CPD programmes they have to do in order to comply with the minimum stipulated number per registration level, for instance Specialist Wellness Counsellors are obliged to complete 18 points per annum. Regular CPD audits are conducted by the ASCHP in terms of SAQA policies.

The following topics are based on a needs assessment of our members and accordingly cover the content of range of counselling activities - ethics, theory, tools and techniques and counselling praxis – with the purpose to improve professional development. There is something for everyone. The CPD is PowerPoint based which provides for visual illustrations to make it easy to read through the material with insight. Important to note that no long assignments or class attendance are required. Each topic can be completed in less than an hour by simply answering a few short questions to guide you through the work and to fill in the self-assessment at the end.

Of course practitioners can do all the ASCHP CPD's below, but should you opt to also do some informal CPD's the following two are compulsory for ASCHP members: Ethics - CPD 2022.1 and Wellness – CPD 2022.2

### CPD Requirements

**Ensure and check that you know how many CPD's must be done by you per annum.**

CCSA	NHA	ASCHP	Annual CPD Points
		Supportive counsellor	6 (should include 3 compulsory Ethics and 3 compulsory wellness)
Institutional Counsellor	Supportive level	Holistic Counsellor	9 (should include 3 compulsory Ethics and 3 compulsory wellness)
Counsellor	Practitioner level	Wellness Counsellor	15 (should include 3 compulsory Ethics and 3 compulsory wellness)
Specialist Counsellor	Specialist Practitioner	Specialist Wellness Counsellor	18 (should include 3 compulsory Ethics and 3 compulsory wellness)

## Option A 1: Formal CPD training

### TOPICS for 2022. PowerPoint programmes completed by doing the attached assignments

#### CPD 22.1 ETHICS: Jurisprudence for Wellness Counsellors

The term 'jurisprudence' derive from the Latin term *juris prudentia*, which means "the study, knowledge, or science of law"; in our context it refers to the exercise of good judgment, common sense, and caution, especially in the conduct of practical matters. Most disciplinary cases are related to ignorance of legal matters. This CPD aims to meet that need to help counsellors avoid professional embarrassment.

#### CPD 22.2 WELLNESS THEORY: Basic Philosophical Presuppositions of the Wellness Model

Everything we do is tacitly based on some basic presuppositions. Not having awareness of these principles may result in bad practice, but on the other hand insight in what undergirds our professional actions, will increase confidence and inspire excellence. In this CPD we provide an overview of the very edifice on which wellness orientated counselling is erected.

#### CPD 22.3 COUNSELLING METHODS: Making use of Pastoral Counselling

Some lay counsellors, in our experience, practice Biblicism and mistake it for pastoral counselling. Many of our members requested a CPD on this topic and in the content we will provide an overview of the nouthetic counselling, the hermeneutical role of the Bible and the attributes of the counsellor as shepherd so crucial to pastoral methodology as aligned to Rogerian techniques.

#### CPD 22.4 RESEARCH: The Paradigm and Potential of Energy Medicine

In this CPD we introduce you to the exciting field of Energy Medicine based on recent research in physics, biology and related sciences and discuss the healthcare benefits of its application in counselling. This is recommended for members seeking to do more advanced work.

#### CPD 22.5 SPECIALISATION: Wellness Support for Corona Infection

Sadly Corona is still with us and seems to remain for an indefinite period. This CPD is a follow up on a previous CPD taking into account the latest information available to help people cope and survive. It can have much practical value for members working to counsel and assist the fearful and infected public.

#### CPD 22.6 MODALITIES: The Value of Ethnomedicine for Counsellors

Many of our members have already experienced the value of a holistic approach to counselling in making fruitful use of traditional medicinal plants in supporting clients on energetic and biochemical level. By opening a small health shop we can complement our counselling practices and generate an extra stream of income. This falls into the wellness ambit of healthcare.

#### NOTE:

**These CPD's are compiled by Synergetica for the ASCHP and CCSA as they are aligned to scope of practice.**

**All these CPD's are available in electronic format that can be printed as illustrated PowerPoint programmes. They are worth 3 CPD points each and are completed by doing an assignment based on the content and submitted to be assessed. Order by email from [cpd.liedani@synergetica.co.za](mailto:cpd.liedani@synergetica.co.za). Contact person Elsie Teffo. Tel. 012 111 9002**

**GENERAL INFORMATION**

CPD Nr.	Category	CPD TOPIC	CPD Points	Fee	Compulsory CPD's	Additional CPD
CPD 2022.1	Ethics	Jurisprudence for Wellness Counsellors	3	R510.00	x	
CPD 2022.2	Wellness Theory	Basic Philosophical Presuppositions of the Wellness Model	3	R510.00	x	
CPD 2022.3	Counselling Methods	Making use of Pastoral Counselling	3	R510.00		
CPD 2022.4	Research	The Paradigm and Potential of Energy Medicine	3	R510.00		
CPD 2022.5	Specialisation	Wellness Support for Corona Infection	3	R510.00		
CPD 2022.6	Modalities	The Value of Ethnomedicine for Counsellors	3	R510.00		
<b>Sub Total</b>					R	R
<b>Total</b>					R	

Please ensure that the CPD's that you do purchase are accredited by a professional body – see the blue seal of accreditation otherwise you will be obliged to apply for the registration of 'external CPD'. There are three possible ways of doing CPD training listed beneath as Options A, B and/or C.

**Structured learning CPD compliance**

– Doing the in-house ASCHP accredited CPD's through Liedani which serves as CPD provider.

1. You order and purchase your CPD from the Liedani CC t/a (Synergetica) office at R510 per CPD programme (3 CPD points) and we e-mail you the PowerPoint programme that you complete at leisure in your home/office. ([cpd.liedani@synergetica.co.za](mailto:cpd.liedani@synergetica.co.za))
2. You complete the short questions on how the CPD contributed to your continuous professional development, fill in the assessment form and sign it.
3. Once you have completed the answer sheet and assessment, you email it to us to be marked. We issue a CPD certificate and register your CPD's against your name for you.

We make 6 CPD programmes available for 2022 worth 18 points in total as listed. The topics cover both counselling and wellness health care within the holistic context in which our counsellors work. The rationale for this is that in these two CPD programmes the Professional Body makes known ethical and legal guidelines and scope of practice specific to the ASCHP, NHA or CCSA. Apart from the two compulsory CPD's you may of course complete 6 CPD's programmes worth 18 CPD points, or alternatively you may opt to do other informal CPD's as set out below. Other topics are also available from the archive – request list via email.

### Option A.2: VideoLearn platform



The ASCHP recently established an online platform for making CPD's available if you follow the link, you will be able to see the topics. For CPD training you are required to watch the video discussion and complete the multiple choice questionnaire to qualify for the CPD. The link is:

<https://www.videolearn.co.za/Home/InstructorCourses/254f33d0-2834-4565-b82f-01e119cc970f>

Apart from the formal CPD training as listed there is also an option B for doing CPD's for those that need to do more CPD than the compulsory one's.

### Option B: Informal CPD programme

Please note that CPD's that are done in an informal way as set out below, need to be registered as external CPD's for recognition by your professional body – either the ASCHP, CCSA or NHA at a cost of R70 per CPD point. Example: This means that if you have completed three hours of informal CPD activities, you will be invoiced 3 x R70 = R210 to have it evaluated and registered against your name.

Informal CPD activities can be done by participating in small informal groups (2-10 participants) organized by yourself or one of our members. These are activities that do not have a clearly measurable outcome and are presented on a once off non-continuous basis. CPD points are allocated according to time, with 1 CPD point per hour to a maximum of 8 CPD points per day. The idea is to form informal groups amongst members where you do not need to pay for attendance. It may take the form of:

1. Breakfast meetings or presentations where relevant topics are discussed
2. Online group discussions such as Zoom meetings and online CPD presentations
3. Case study discussions
4. Shadowing or role playing
5. Mentoring and supervision activities
6. Reading a book related to counselling/wellness and submitting a book report (summary of the content) of one page also indicating the number of pages. (=3 CPD's per 100 pages read and reflected on).

### Option C. Education, Training, Research and Publications

This is only applicable to members who participate in any learning activities, only if it is formally accredited training programmes (example relevant university programmes). Please inform the office of the details of the programme and proof of your registration to qualify for CPD's. Application for the registration of CPD's based on formal training programmes (recognized professional bodies such as that of social workers of psychologist, or pastoral counsellors) is done on the form obtainable from the office: Recognition of External CPD (form C102). The fee for this amounts to R30 per CPD point per annum.

### Registering your CPD's with the ASCHP/CCSA office

In the case of informal meetings you are expected to submit a synopsis of the proceeding (half page) that indicates the type of activity, duration, was signed by the group leader and dated. This must then be submitted via e-mail to your professional body – the ASCHP, CCSA or NHA - for CPD registration at a registration fee of only R70 per CPD point that is recognized. Application for the registration of informal CPD's is done on the form obtainable from the office: External application (FORM C102) for registration of all CPD points done at any other provider except Liedani CC.

### Ordering your CPD's

Once you have selected the CPD's that you want to do, please email the office to order yours. Contact the CPD administrator: Elsie Teffo at [cpd.liedani@synergetica.co.za](mailto:cpd.liedani@synergetica.co.za). Please make use of the accompanying form to order (C101, C102, and / or C103) and the office will assist you to make the material available.

Please note that the CPD policy is also posted on the CCSA and ASCHP websites – you are welcome to consult it. Also see FAQ's if you may have additional questions.

We still do occasionally get CPD assignments without names – please ensure that on your assignment you indicate your name and the CPD number. Most CPD assignments do not exceed two typed pages.

We trust that you will enjoy doing this year's CPD's

Thank you



Dr Liezl Herholdt